# Bachelor of Science in Public Health (BSPH)

Mrs. Margo Shanks, Director

## B.S.P.H. Degree

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td></td>
<td><strong>Minimum Requirement</strong></td>
<td>(124)</td>
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<tr>
<td></td>
<td><strong>Residence Requirement – minimum</strong></td>
<td>(60)</td>
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<td></td>
<td>Admission and Graduation Requirements – minimum overall GPA of 2.75.</td>
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<td>No course may be taken pass-fail.</td>
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### Basic Requirements

- **Chapel** – two semesters
  
- **ENG 2310** & **ENG 1310** & **PWR 3318**
  - American Literary Cultures and Writing and Academic Inquiry
  - Seminars and Professional & Workplace Writing
  
- **HIS 1300**
  - The United States in Global Perspective
  
- **PSC 1387**
  - The U.S. Constitution, Its Interpretation, and the American Political Experience
  
- **REL 1310**
  - The Christian Scriptures
  
- **REL 1350**
  - The Christian Heritage
  
- **CSS 1301** or **CSS 1302**
  - Fundamentals of Public Communication
  - Speech for Business and Professional Students

### Contemporary Social Issues

- **SOC 1305**
  - Introduction to Sociology

- **PSY 1305**
  - Psychological Science: Understanding Human Behavior

- Select one course from the following:
  
  - **ANT 1305**
    - Introduction to Anthropology
  
  - **SOC 3355**
    - Introduction to the Economics of Poverty and Discrimination
  
  - **SOC 4320**
    - Culture, Personality and Identity
  
  - **SOC 4309**
    - Social Psychology
  
  - **SOC 4325**
    - Sociology of Religion

### Fine Arts and Performing Arts (One Course)

- Select 2-3 hours from the Fine Arts and Performing Arts distribution list.

### Foreign Languages and Cultures

- Second semester proficiency must be achieved.
  
- Select one course from the following:
  
  - **CSI 1430**
    - Introduction to Computer Science I with Laboratory
  
  - **CSI 3303**
    - Information Technology
  
  - **BUS 1305**
    - Software Applications for Personal Productivity

### Mathematics

- Select one course from the following:
  
  - **PSY 2402**
    - Statistics
  
  - **STA 1380**
    - Elementary Statistics
  
  - **STA 2381**
    - Introductory Statistical Methods

### Laboratory Science

- **SOC 3402**
  - Social Statistics
  
  - 3 hrs "1000+" Math Elective

### Lifetime Fitness

- **LF 1134**
  - Fitness Theory and Practice
  
  - 1 Two Lifetime Fitness Electives

### Major Requirements

#### Public Health Required Courses

- **PUBH 1145**
  - Health and Human Behavior

- **PUBH 2101**
  - Professional Development for Public Health

- **PUBH 2330**
  - Introduction to Public and Population Health

- **PUBH 2331**
  - Health Concepts and Competencies

- **PUBH 3331**
  - Planning in Public and Community Health

- **PUBH 3350**
  - Human Physiology for Allied Health Professionals

- **PUBH 3351**
  - Epidemiology/Vital Statistics

- **PUBH 4331**
  - Intervention Design in Public and Community Health

- **PUBH 4333**
  - Evaluation in Public and Community Health

- **PUBH 4340**
  - Global Health

- **PUBH 4355**
  - Human Diseases

### Public Health Restricted Electives

- Select 12 semester hours from the following:
  
  - **PUBH 2313**
    - Consumer Health
  
  - **PUBH 3317**
    - Mood-Modifying Substances
  
  - **PUBH 3320**
    - Stress Management/Mental-Emotional Health
  
  - **PUBH 3325**
    - Maternal and Infant Health
  
  - **PUBH 4320**
    - Men's Health and Wellness
  
  - **PUBH 4321**
    - Human Sexuality
  
  - **PUBH 4327**
    - Dying and Death Education
  
  - **PUBH 4341**
    - Cross-Cultural Health Communication
  
  - **NUTR 3314**
    - Consumer Nutrition

### Professional Field Experiences

- Allowed only after completing PUBH required courses
  
- **PUBH 4580**
  - Professional Internship in Health

### Restricted Electives

- Select six semester hours from the following:
  
  - **ANT 4360**
    - Anthropology of Religion
  
  - **BUS 3303**
    - Managerial Communications
  
  - **BIO 3330**
    - Medical Genetics
  
  - **ENV 2376**
    - Environment and Society
  
  - **ENV 4310**
    - World Food Problems
  
  - **MGT 4353**
    - Social Entrepreneurship and Economic Development
  
  - **MKT 3301**
    - Marketing Concepts
  
  - **MKT 3340**
    - Nonprofit Marketing
<table>
<thead>
<tr>
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<tbody>
<tr>
<td>PSY 3310</td>
<td>Social Psychology</td>
</tr>
<tr>
<td>PSY 4355</td>
<td>Psychology and Aging</td>
</tr>
<tr>
<td>PSY 3321</td>
<td>Abnormal Psychology</td>
</tr>
<tr>
<td>PSY 3341</td>
<td>A Survey of Human Development</td>
</tr>
<tr>
<td>MH 4300</td>
<td>History of Medicine</td>
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<tr>
<td>MH 4382</td>
<td>U.S. Health Care System</td>
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**Supporting Areas**

As needed to complete 124 hours 14

Recommendations: (to reach 124 minimum hours)

<table>
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<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>RLS 4396</td>
<td>Considerations for Diverse Populations in Leisure Programming</td>
</tr>
<tr>
<td>MGT 3301</td>
<td>Managing People in Organizations</td>
</tr>
<tr>
<td>MKT 3340</td>
<td>Nonprofit Marketing</td>
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<tr>
<td>PSY 4312</td>
<td>Behavioral Medicine</td>
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<tr>
<td>SOC 3322</td>
<td>City and Community</td>
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<tr>
<td>or SOC 4381</td>
<td>Methods of Social Research</td>
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**Total Hours** 124-129

1 MTH 1301 Ideas in Mathematics excluded

**Note:** Students are advised that certain prerequisites may exist within supporting area and restricted electives. This may increase the total hours needed for graduation. It is the responsibility of the student to complete prerequisites or seek permission from instructors to enroll in classes requiring such prerequisites.