Students in nutrition sciences are preparing for a professional career dealing with human nutrition, emphasizing disease prevention, disease management and maintaining good health by high quality nutrient intake. Students also become proficient in preparing nutritious foods for all phases of the life cycle. There are three concentrations within nutrition sciences: pre-dietetics, pre-health and food management. Membership in the Academy of Nutrition and Dietetics is based on the major of Nutrition Sciences and is open to undergraduate students.

- Pre-Dietetics Concentration (https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/human-sciences-design/nutrition-sciences/pre-dietetics-concentration/)
- Pre-Health Concentration (https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/human-sciences-design/nutrition-sciences/pre-health-concentration/)