PRE-OCCUPATIONAL THERAPY CONCENTRATION

This concentration is designed for students preparing for a professional career in occupational therapy. Students are encouraged to check with the Pre-Health office on campus regarding the requirements of the programs to which you aspire in order to ensure you meet all prerequisite requirements. Students may petition for changes to the science course requirements if there is a discrepancy.

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<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td></td>
<td>Hours</td>
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**Requirements**
- Minimum Requirement (124)
- Residence Requirement (60)
- Grade point average – minimum of 2.75 (“B-”) overall to enter and remain in the concentration.

**Basic Requirements**

**Chapel**
- Complete two semesters of Chapel

**Eng**
- American Literary Cultures
- The United States in Global Perspective
- The U.S. Constitution, Its Interpretation, and the American Political Experience

**Religion**
- The Christian Scriptures
- The Christian Heritage

**Communication and Media Literacy**
- Family Life Education and Ethics

**Contemporary and Social Issues**
- Introduction to Sociology
- Psychological Science: Understanding Human Behavior

**Fine Arts and Performing Arts**
- Design and Creative Technologies

**Foreign Languages & Cultures**
- Select 6 hours from the Foreign Language and Cultures Distribution List

**Formal Reasoning**
- Elementary Statistics

**Research, Writing & Literature**
- Writing and Academic Inquiry Seminars
- Technical Writing

**Scientific Method I**
- Introductory Chemistry
- Basic Principles of Modern Chemistry I

**Scientific Method II**
- Consumer Nutrition

**Lifetime Fitness**
- Select three semester hours

**Major**

**Child and Family Studies Courses: Pre-Occupational Therapy Concentration**

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>CFS 1315</td>
<td>Development of Individual and Family Relationships</td>
<td>3</td>
</tr>
<tr>
<td>CFS 2355</td>
<td>Child Development</td>
<td>3</td>
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<tr>
<td>CFS 2357</td>
<td>Adult Development</td>
<td>3</td>
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<tr>
<td>CFS 3304</td>
<td>Introduction to Research</td>
<td>3</td>
</tr>
<tr>
<td>CFS 3324</td>
<td>Children and Families with Special Needs</td>
<td>3</td>
</tr>
<tr>
<td>CFS 3350</td>
<td>Individual and Family Financial Management</td>
<td>3</td>
</tr>
<tr>
<td>CFS 3356</td>
<td>Theories of Family Development</td>
<td>3</td>
</tr>
<tr>
<td>CFS 4191</td>
<td>Professional Practices in Child and Family Studies</td>
<td>1</td>
</tr>
<tr>
<td>CFS 4358</td>
<td>Planning and Administration of Child and Family Programs</td>
<td>3</td>
</tr>
<tr>
<td>CFS 4359</td>
<td>Parenting Theory and Approaches</td>
<td>3</td>
</tr>
<tr>
<td>CFS 4367</td>
<td>Family Transitions, Stress, and Resilience</td>
<td>3</td>
</tr>
<tr>
<td>CFS 4390</td>
<td>Child and Family Studies Practicum</td>
<td>3</td>
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Select six semester hours from the following:
- Infant and Toddler Development
- Theory and Principles of Play
- Middle Childhood and Adolescent Development

**Required Courses in Other Fields**

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<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>CLA 3381</td>
<td>Medical Terminology</td>
<td>3</td>
</tr>
<tr>
<td>PSY 3341</td>
<td>A Survey of Human Development</td>
<td>3</td>
</tr>
<tr>
<td>PSY 3321</td>
<td>Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td>BIO 2401</td>
<td>Human Anatomy and Physiology of Motion and Innervation</td>
<td>4</td>
</tr>
<tr>
<td>BIO 2402</td>
<td>Human Anatomy and Physiology of Metabolism and Processing</td>
<td>4</td>
</tr>
<tr>
<td>HP 2306</td>
<td>Anatomical Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>HP 2307</td>
<td>Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>PHY 1405</td>
<td>Everyday Physics</td>
<td>3</td>
</tr>
<tr>
<td>PHY 1408</td>
<td>General Physics for Natural and Behavioral Sciences I</td>
<td>4</td>
</tr>
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**Professional Electives**

Select 6-7 hours in addition to any courses selected above in "Required Courses in Other Fields" from the following:

- Any CFS 3000 or 4000 class
- Children's Literature
- Young People’s Literature
- Maternal and Infant Health
- Human Sexuality
- Dying and Death Education
- Bioethics
- Introduction to Gerontology
- Social Statistics
- Death and Dying
- Sociology of Medicine
- Trauma, Loss, and Mourning
- New Student Seminar in Human Sciences and Design
**Electives**

Semester hours to reach 124 minimum hours, if needed 5-6

A grade of "C" or better in Human Sciences and Design Courses (ADM, CFS, HSD, ID, or NUTR), required courses in other fields (section B above), and all professional electives used for the major.

An approved, on-site internship is required following the completion of prerequisite courses.

Students interested in applying to Occupational Therapy programs should review the prerequisite course requirements as each OT program will vary in their expectations.

| Total Hours | 124-126 |

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1. The required, for-credit course, CFS 4390 Child and Family Studies Practicum (listed above), provides credit for the internship experience.
2. HSD 1231 Design and Creative Technologies and NUTR 3314 Consumer Nutrition are included in basic studies courses above.
3. Students who take PHY 1408 General Physics for Natural and Behavioral Sciences I will need to complete MTH 1320 Precalculus Mathematics or MTH 1321 Calculus I as a prerequisite, in addition to the coursework outlined above.