

# FAMILY LIFE EDUCATION CONCENTRATION

The concentration in Family Life Education prepares students to provide preventive services for children and families in a variety of settings. The courses required in the Family Life Education Concentration of the Child and Family Studies program is approved by the National Council on Family Relations (NCFR) for students to receive certification as a Family Life Educator following graduation. Successful completion of the coursework in this concentration qualifies students to apply for provisional certification through the National Council on Family Relations.

Code	Title	Hours
<b>Requirements</b>		
Minimum Requirement		(124)
Residence Requirement		(60)
<b>Basic Requirements</b>		
<i>Chapel</i>		
Complete two semesters of Chapel		0
ENG 2310	American Literary Cultures	3
HIS 1300	The United States in Global Perspective	3
PSC 1387	The U.S. Constitution, Its Interpretation, and the American Political Experience	3
<i>Religion</i>		
REL 1310	The Christian Scriptures	3
REL 1350	The Christian Heritage	3
<i>Communication and Media Literacy</i>		
CFS 3354	Family Life Education and Ethics	3
<i>Contemporary and Social Issues</i>		
Select one course from the following:		3
SOC 1305	Introduction to Sociology	
PSY 1305	Psychological Science: Understanding Human Behavior	
REL 3390	Christian Ethics	
ANT 1325	Introduction to Global Health	
<i>Fine Arts and Performing Arts</i>		
HSD 1231	Design and Creative Technologies	2
<i>Foreign Languages &amp; Cultures</i>		
Select 6 hours from the Foreign Language and Cultures Distribution List		6
<i>Formal Reasoning</i>		
Select one course from the following:		3
MTH 1301	Ideas in Mathematics	
PHI 1306	Logic	
STA 1380	Elementary Statistics	
<i>Research, Writing &amp; Literature</i>		
ENG 1310	Writing and Academic Inquiry Seminars	3
PWR 3300	Technical Writing	3
<i>Scientific Method I</i>		
Select one of the following:		4
BIO 1305 & BIO 1105	Modern Concepts of Bioscience and Modern Concepts of Bioscience Laboratory	

BIO 1306 & BIO 1106	Modern Concepts of Bioscience, continued and Modern Concepts of Bioscience Laboratory	
BIO 1401	Current Issues in Human Biology	
NSC 1306 & NSC 1106	Introduction to Neuroscience and Introduction to Neuroscience Laboratory	
CHE 1301 & CHE 1101	Basic Principles of Modern Chemistry I and General Chemistry Laboratory I	
CHE 1405	Chemistry and Society	
<i>Scientific Method II</i>		
NUTR 3314	Consumer Nutrition	3
<i>Lifetime Fitness</i>		
Select three semester hours		3
<b>Major</b>		
<i>Child and Family Studies Courses: Family Life Education Concentration</i>		
CFS 1315	Development of Individual and Family Relationships	3
CFS 2355	Child Development	3
CFS 2357	Adult Development	3
CFS 3304	Introduction to Research	3
CFS 3350	Individual and Family Financial Management	3
CFS 3356	Theories of Family Development	3
CFS 4191	Professional Practices in Child and Family Studies	1
CFS 4356	The Family: A Global Perspective	3
CFS 4357	Child and Family Policy and Advocacy	3
CFS 4358	Planning and Administration of Child and Family Programs	3
CFS 4359	Parenting Theory and Approaches	3
CFS 4364	Child and Family Ministry	3
CFS 4367	Family Transitions, Stress, and Resilience	3
CFS 4390	Child and Family Studies Practicum <sup>1</sup>	3
<i>Required Courses in Other Fields</i>		
Complete 9 semester hours from the following:		9
CSS 4313	Communication and the Family	
PUBH 3320	Stress Management/Mental-Emotional Health	
PUBH 4321	Human Sexuality	
<i>Professional Electives</i>		
Select one of the following options:		15
<b>Option 1</b>		
Completed minor in a supporting area, such as Communication Sciences & Disorders, Educational Psychology, International Studies, Leadership Studies, Medical Humanities, Nutrition Sciences, Poverty Studies and Social Justice, Religion, and Women's and Gender Studies. No more than one course in the minor can count for any other area in the major or degree requirements. See individual minors for course and grade requirements. General electives hours may be required to complete some minors.		
<b>Option 2</b>		
Select 15 hours from the following:		

Any additional CFS 3000 or 4000 course		
CSS 4311	Conflict and Communication	
LS 3305	Children's Literature	
LS 4320	Young People's Literature	
PUBH 3325	Maternal and Infant Health	
PUBH 4327	Dying and Death Education	
REL 3382	Cross-Cultural Ministry	
REL 3390	Christian Ethics	
SOC 3311	The Sociology of Race and Ethnicity	
SOC 3355	Introduction to the Economics of Poverty and Discrimination	
SOC 3360	Juvenile Delinquency	
SOC 4353	Sociology of Medicine	
SWO 4316	Trauma, Loss, and Mourning	
<i>HSD Core</i> <sup>2</sup>		
HSD 1104	New Student Seminar in Human Sciences and Design	1
<i>Electives</i>		
Semester hours to reach 124 minimum hours, if needed		11
A grade of "C" or better in Human Sciences and Design Courses (ADM, CFS, HSD, ID, or NUTR), required courses in other fields (section B above), and all professional electives used for the major.		
An approved, on-site internship is required following the completion of prerequisite courses. <sup>1</sup>		
Students are qualified to apply for Certification in Family Life Education (CFLE) through the National Council on Family Relations by completing the requirements for this concentration.		
<b>Total Hours</b>		<b>124</b>

<sup>1</sup> The required, for-credit course, CFS 4390 Child and Family Studies Practicum (listed above), provides credit for the internship experience.

<sup>2</sup> HSD 1231 Design and Creative Technologies and NUTR 3314 Consumer Nutrition are included in basic studies courses above.