

# RECREATION AND LEISURE SERVICES

Dr. Dale Connally, Director

## Requirements for a Major in Recreation and Leisure Services (BSEd)

Code	Title	Hours
<i>Required 124 semester hours, including:</i>		
Minimum - 36 hours advanced total with at least 18 hrs. in residence		
Minimum - 60 hours in residence including the last 30 hrs.		
No course may be taken pass-fail.		
<b>Basic Requirements</b>		
ENG 1310	Research Writing: Writing and Academic Inquiry Seminars	3
ENG 2301	British Literature	3
ENG 2310	American Literary Cultures	3
ENG 2306	World Literature	3
Select two courses from the following:		6
HIS 1305	World History to 1500	
HIS 1307	World History since 1500	
HIS 1365	United States History to 1877	
HIS 1366	United States History since 1877	
SOC 1305	Introduction to Sociology	3
or SOC 1306	Social Problems	
PSC 1387	The U.S. Constitution, Its Interpretation, and the American Political Experience	3
REL 1310 & REL 1350	The Christian Scriptures and The Christian Heritage	6
MTH 1301	Ideas in Mathematics	3
CSI 3303	Information Technology	3
or BUS 1305	Software Applications for Personal Productivity	
CSS 1301	Fundamentals of Public Communication	3
or CSS 1302	Speech for Business and Professional Students	
<i>Scientific Method I</i>		8
Scientific Method 1 Distribution List ( <a href="https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/#HHDLSTM1">https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/#HHDLSTM1</a> )		
Select one course from the following:		3
THEA 1306	Introduction to Theatre	
ARTH 1300	Introduction to Art (for non-art majors only)	
MUS 1220	Introduction to Music	
CFS 3356	Theories of Family Development	3
or PSY 3341	A Survey of Human Development	
PUBH 1145	Health and Human Behavior	1
<i>Lifetime Fitness</i>		3
Lifetime Fitness Distribution List ( <a href="https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/#HHDLFIT">https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/#HHDLFIT</a> )		
Chapel – two semesters		0
<b>RLS Required Courses</b>		

RLS 1396	Introduction to Leisure Services	3
RLS 2388	Leisure and Lifestyle Well-Being	3
RLS 2389	Leadership and Facilitation in Leisure Services	3
RLS 3302	Program Planning in Leisure Services	3
RLS 3382	Risk Management in HHPR	3
RLS 3396	Field Laboratory in Leisure Services	3
RLS 4391	Leisure Service Management	3
RLS 4392	Professional Issues and Practices in Leisure Services	3
RLS 4393	Facilities and Equipment in HHPR	3
RLS 4396	Considerations for Diverse Populations in Leisure Programming	3
RLS 4V94	Internship in Leisure Services	9
<i>HP Sport Skills Series</i>		
HP 3300	Pedagogy of Team Sports	3
or HP 3301	Pedagogy of Individual Sports	
<i>Recreation Certification Courses</i>		
RLS/HP 1202	First Aid	2
or RLS 2202	Climbing Wall Instructor Certification Course	
Select one course from the following:		2
RLS 1235	Sailing & Canoeing Instructor (spring only)	
RLS 2201	Adventure Recreation Leadership and Challenge Course Facilitation	
<b>Restricted Electives for Each Track</b>		
Select one track from the following:		12-13
<i>Recreation Ministry Track</i>		
REL 2480	Introduction to Ministry	
RLS 4395	Principles of Church Recreation	
RLS 3301	Theory & Practice of Outdoor Adventure Programs	
or RLS 2301	Camp Counseling and Administration	
Select one of the following:		
REL 4396	Religion and Sport	
or REL 4398	Sports-Related Ethics	
CRED 7330	Introduction to Family Ministry	
<i>Outdoor Recreation Track</i>		
RLS 2301	Camp Counseling and Administration	
RLS 3301	Theory & Practice of Outdoor Adventure Programs	
RLS 4301	Outdoor Education	
RLS 4331	Meanings, Culture, and Philosophy of American Landscapes	
<i>Community Sport Track</i>		
NUTR 3314	Consumer Nutrition	
MKT 3340	Nonprofit Marketing	
HP 4369	Sports Psychology	
or HP 4372	Sociology of Sport	
HP 4370	Successful Coaching	
HP 4396	Religion and Sport	
HP 4398	Sports-Related Ethics	
<i>Other Electives</i>		
Other Electives needed to meet 124 minimum		10-12

No Lifetime Fitness Activity Classes

Choose from the following areas: accounting, art, biology, child and family studies, earth science, environmental studies, geology, health, recreation and leisure services, management, marketing, psychology, religion, social work, sociology, special education; other areas approved by advisor.

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**Total Hours**

**125-128**