# Pre-Athletic Training Concentration - HSS, B.S.

## Pre-Athletic Training Concentration Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td></td>
<td>Grade point average – minimum of 3.0 CGPA overall.</td>
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<td>Must complete all requirements for the [link](<a href="https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/health-human-performance-recreation/health-sciences-studies-bs/hhcore">https://catalog.baylor.edu/undergraduate/robbins-college-health-human-sciences/health-human-performance-recreation/health-sciences-studies-bs/hhcore</a> and the health sciences studies major/)</td>
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<td><strong>HHPR Required Courses</strong></td>
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<tr>
<td>HP 1420</td>
<td>Human Anatomy</td>
<td>4</td>
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<tr>
<td>HP 2306</td>
<td>Anatomical Kinesiology</td>
<td>3</td>
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<tr>
<td>HP 2341</td>
<td>Prevention and Care of Athletic Injuries or HP 2304</td>
<td>3</td>
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<tr>
<td>HP 2420</td>
<td>Exercise Physiology</td>
<td>4</td>
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<tr>
<td>HP 3330</td>
<td>Research Methods and Design in Exercise Science</td>
<td>3</td>
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**Restricted Electives**

Select 9 semester hours from the following:

- HP/HED 3311 Essentials of Ethics in Healthcare
- HED 4305 A Biblical Theology of Suffering for Health Care Providers
- HP 3368 Adapted Human Performance
- HP 4352 Exercise and Sport Nutrition
- HP 4354 Techniques of Strength Training and Conditioning
- HP 4368 Motor Learning and Development
- HP 4369 Sports Psychology
- HP 4375 Exercise Prescription in Health and Disease
- HP 4393 Facilities and Equipment in HHPR
- HP 4398 Sports-Related Ethics
- PUBH 3320 Stress Management/Mental-Emotional Health
- PUBH 4320 Men's Health and Wellness
- PUBH 4321 Human Sexuality
- PUBH 4327 Dying and Death Education

**Required Courses in Other Fields**

- BIO 2401 & BIO 2402 Human Anatomy and Physiology of Motion and Innervation and Human Anatomy and Physiology of Metabolism and Processing
- CLA 3381 Medical Terminology
- NUTR 3314 Consumer Nutrition
- MGT 3301 Managing People in Organizations
- PHY 1408 & PHY 1409 General Physics for Natural and Behavioral Sciences I and General Physics for Natural and Behavioral Sciences II
- STA 1380 Elementary Statistics
- or STA 2381 Introductory Statistical Methods

A maximum of 16 credit hours of coursework (MS level courses) will count towards both degrees. These 16 hours include the following MS courses which are already embedded in the 36-credit hour MATR degree (see Graduate catalog) - HP 5301, HP 5302, HP 5303, HP 5379, and HP 5401.

**Total Hours**

54

Students who are accepted and begin the accelerated program will be classified as an undergraduate student until they have completed 17 hours of graduate coursework. Upon successful completion of 17 hours of graduate work, the student will be awarded their Bachelor of Science in Health Science Studies degree. Once the bachelor’s degree is awarded, students, with the assistance of the Master of Athletic Training Program will complete steps to be classified as a graduate student.

Undergraduate students interested in a master’s degree in athletic training, need to declare Health Science Studies as their major and follow the pre-athletic training concentration. Undergraduate students can apply for the accelerated professional program after the completion of 89 undergraduate hours.

Curriculum is subject to change based on graduate school policy updates.