STL 1101 Academic and Personal Success (1)
This course guides students to develop tools for effective learning and productive self-management in the Baylor academic environment. Topics focus on strategies for note taking, test preparation, test taking, and on methods for dealing with procrastination, stress, and test anxiety as well as for grade improvement, establishing academic priorities, and identification of an academic major and potential career. Some sections of the course offer five-week workshops while other sections provide the opportunity for weekly mentoring by a trained graduate student or for an independent study on a relevant topic. Sections will have varying titles descriptive of content. This Pass/Fail course may be attempted two times.

STL 1102 Academic and Personal Achievement (1)
A graded, one-hour course facilitating development of essential skills for learning and self-management in the college academic environment. Topics might include strategies for note taking, test preparation, grade improvement as well as tools for dealing with procrastination, stress, test anxiety, and goal-setting. The focus of a course section might be linked with a particular profession, discipline or student population.

STL 1103 College Success: Freshmen (1)
Designed to enhance the transition of freshmen students to Baylor University. Provides direct exposure to specific campus support services, personal and professional development advice and practice, academic success strategies, and day-to-day tools to navigate the rigorous curricular and co-curricular environment at Baylor.

STL 1104 Transferring Your Success (1)
Designed to enhance the transition of transfer students to Baylor and beyond. Provides direct exposure to specific campus support services, personal and professional development advice and practice, academic success strategies, and day-to-day tools to navigate the rigorous curricular and co-curricular environment at Baylor. Will be offered as a New Student Experience (NSE) course.

STL 1105 Individual Academic and Personal Success for International Students (1)
Pre-requisite(s): Open only to international students who have been referred through ASP or by requirement of the student’s academic dean STL 1105 is a 1-credit-hour course that helps first-year international students develop tools for effective learning and productive self-management in the Baylor academic environment. Topics focus on strategies for notetaking, study skills, and test preparation, along with methods for dealing with time management, stress, test taking and anxiety. Students will meet with an instructor for individualized academic success planning and strategizing.

STL 1200 Strategic Learning for College Academics (2)
Pre-requisite(s): Open only to students with 59 hours or less or by requirement of the student’s academic dean (Course is intended for students with a term or cumulative GPA of 2.5 or less.) Prepare students to exercise responsibility for their own learning by developing strategies for reading, understanding, analyzing, organizing, and applying information presented through lecture, textbooks, and other materials in the college classroom. Skills for taking notes, completing assignments, preparing for and taking tests, as well as strategies for accessing resources, managing time, dealing with stress, and setting priorities will be developed.

STL 1201 Strategic Learning (2)
Prepare students to exercise responsibility for their own learning by developing strategies for reading, analyzing, organizing, and applying information presented through lecture, textbooks, and other materials in the college classroom. Skills for taking notes, completing assignments, preparing for and taking tests, as well as strategies for accessing resources, managing time, dealing with stress, and setting priorities will be developed.

STL 1205 Academic Success Strategies for International Students (2)
Pre-requisite(s): Open only to international students who have been referred through ASP or by requirement of the student’s academic dean STL 1205 is a 2-credit-hour course that prepares continuing international students to take responsibility for their own learning by developing strategies for reading, understanding, analyzing, organizing, and applying information presented in the college classroom. Students will also develop skills for taking notes, completing assignments, and preparing for tests. In addition, they will learn strategies for using resources, managing time, dealing.