

RECREATION & LEISURE SERVICES (RLS)

RLS 1202 First Aid (2)

Cross-listed as HP 1202, RED 1202
See HP 1202 for course information.

RLS 1234 Canoeing Instructor Certification (2)

This course is designed to qualify a student as an American Red Cross Canoeing Instructor. Upon completion of the course the student will be able to organize, teach, and issue certification for Red Cross basic canoeing courses.

RLS 1235 Sailing & Canoeing Instructor (2)

Pre-requisite(s): LF 1159

Qualifies a student as an American Red Cross Instructor for sailing and canoeing. Upon completion of the course the student will be able to organize, teach, and issue certification for Red Cross basic sailing and canoeing courses.

RLS 1396 Introduction to Leisure Services (3)

Introduction to the concepts of leisure and recreation, the components of leisure service systems and the role of recreation in human experience and society. A survey of the historical development of recreation and leisure and its corresponding philosophical and theoretical thought.

RLS 2201 Adventure Recreation Leadership and Challenge Course Facilitation (2)

This course is designed to provide students with the knowledge, skills, and practical experience necessary to lead adventure recreation experiences: group initiatives, low challenge courses, and high challenge courses. The course will consist of classroom and laboratory experiences in the Rec Lab and at the Challenge Course at Eastland Lakes.

RLS 2202 Climbing Wall Instructor Certification Course (2)

Pre-requisite(s): Must have a Baylor University belay certification prior to the first day of class or have belaying experience

At least one year documented personal climbing experience (a minimum of occasions climbing indoors and/or outdoors.) Prior teaching experience or have observed at least two belay classes at the Baylor Rock Wall are highly recommended. Approval by course instructor required. Climbing ability for AMGA certification: 5.9 top rope and 5.8 for lead certification on artificial structures. This course is designed for climbers interested in becoming climbing wall instructors. This class will focus on how to teach climbing skills, develop lessons, manage risk, and perform rescues. The focus areas are specific to the AMGA Climbing Wall Instructor Course but are similar skill sets required for outdoor leaders in many settings. The course will emphasize educational theories, lesson plan development, and giving/receiving feedback.

RLS 2301 Camp Counseling and Administration (3)

This course will deal with the administration and organization of resident and day camps. It will also cover the responsibilities of the different camp leadership (counselor, nurse, cook, etc.).

RLS 2388 Leisure and Lifestyle Well-Being (3)

Develop the knowledge and skill to develop programs and services to educate the public for leisure and to improve student's personal health through lifestyle decision-making. To understand the role of leisure in the American lifestyle and to assist the American public to develop a more enjoyable life (experience quality of life) through leisure education, skills, leadership strategies and resources. Lab experience required.

RLS 2389 Leadership and Facilitation in Leisure Services (3)

Facilitate development of leisure lifestyle and use of leisure resources, and the ability to use leadership techniques to organize and conduct leisure programs and services. Acquire a knowledge of the role and content of leisure programs and services. This is accomplished through such as indoor/outdoor games, mixers, table games, skits/stunts, songs, stories, hobbies/crafts, and planning socials/picnics/retreats.

RLS 2395 Foundations of Therapeutic Recreation (3)

Psychological, sociological, physiological, historical significance of therapeutic recreation, philosophy, theories, practices of health and human service professionals, and functioning needs and implications of therapeutic recreation with persons with disabilities with experiential opportunity.

RLS 3301 Theory & Practice of Outdoor Adventure Programs (3)

Pre-requisite(s): RLS major or upper-level standing

Outdoor Adventure experiences are a desired programming element offered in comprehensive leisure service agencies and may also be the primary or sole focus of an agency. This course is designed to introduce students to the philosophical and theoretical foundations of outdoor adventure programming. The course will also explore the many core competency areas required of outdoor adventure administrators that occur in the field, managerial, educational and leadership realms. Through classroom and field experiences, students will be able to increase knowledge related to the career path for the professional, implications/benefits for the participant and programming considerations of outdoor adventure experiences. Weather and schedule permitting, the course will expose students to a variety of institutional, front country type outdoor adventure experiences including caving, biking, rock climbing, backpacking, camping and rappelling. All equipment furnished except bicycle. Two week-end trips, one Saturday, and three evenings required.

RLS 3302 Program Planning in Leisure Services (3)

Pre-requisite(s): RLS major or upper-level standing

Students will become aware of programming content and process including assessment, planning, implementation and evaluation of services. Students will develop an awareness of professional practices/principles, resources, promotion and marketing, and computer applications.

RLS 3303 Outdoor Adventure Certifications (3)

Designed to help students acquire foundational knowledge of outdoor leadership and receive certifications in three areas covering Wilderness Medicine, Leave No Trace: Outdoor Ethics, and Wilderness Education Associates: National Standard Protocol. All equipment furnished. One weekend trip required.

RLS 3382 Risk Management in HHPR (3)

Cross-listed as HP 3382, RED 3382

See HP 3382 for course information.

RLS 3396 Field Laboratory in Leisure Services (3)

Pre-requisite(s): A minimum grade of C in RLS 1396, 2388, 2389, and 3302

Field experience in selected leisure service delivery settings with supervision by qualified professional. Documentation of 200 clock hours during semester. (Graded)

RLS 4301 Outdoor Education (3)

Pre-requisite(s): RLS major or upper-level standing

This course will deal with ways to use the outdoors to facilitate and enrich learning related to the school curriculum. It will also deal with ways to enjoy and protect our natural environment. Some of the skills involved are the use of nature games, compass and map games, conservation projects, natural crafts, field investigations, trail building, and teaching various classroom subjects in an outdoor setting.

RLS 4331 Meanings, Culture, and Philosophy of American Landscapes (3)

A critical approach to understanding the meanings, culture, and philosophies Americans ascribe to natural landscapes. Traditional perspectives including colonial American, romantic, and science-based conservation are characterized, as well as revisionist themes aligned with gender, cultural pluralism, and societal meanings of natural resource based protected areas.

RLS 4390 Independent Study in Recreation (3)

Pre-requisite(s): For majors only

Additional in-depth study in a particular area under the supervision of a faculty member.

RLS 4391 Leisure Service Management (3)

Develop understanding of management as applied to leisure systems. Content includes organizational theories/behavior, personnel and fiscal management, legal and legislative concepts, and computer use in the management functions.

RLS 4392 Professional Issues and Practices in Leisure Services (3)

Pre-requisite(s): A minimum grade of C in RLS 1396, 2388, 2389, 3302, and 3396

Examination and application of research and evaluation models and methodologies to planning and delivering programs. Computer applications with statistical analysis of data to evaluate actual programs. Students study current professional issues, trends, organizations, and professionalism. Students prepare for internship, develop professional resources, and practice articulating professional philosophies.

RLS 4393 Facilities and Equipment in HHPR (3)

Cross-listed as HP 4393, RED 4393

See HP 4393 for course information.

RLS 4395 Principles of Church Recreation (3)

History, philosophy, objectives, and administration of recreation in the church and how it relates to the total ministry of the church. It will include an overview of various areas of church recreation and an investigation of leisure and its value in a church setting.

RLS 4396 Considerations for Diverse Populations in Leisure Programming (3)

Pre-requisite(s): RLS major or upper-level standing

In-depth investigation into the nature and implications of social class, ethnicity and race, gender, age, illness and disability upon individuals and their leisure/recreation patterns and leisure service delivery, with consideration of societal attitudes, role of leisure professionals, relevant legislation, programming opportunities, and resources for service delivery. Field experience required.

RLS 4V13 Recreation & Leisure Services Field School (3-9)

Short-term educational travel to a selected area(s) to observe and analyze social, economic, and environmental systems relative to natural resource management and outdoor recreation environments and to develop leadership and technical skills necessary to manage both environments and people associated with recreation programming. Methodologies may include ethnography, service and/or experiential learning, and application of the scientific method.

RLS 4V94 Internship in Leisure Services (3-9)

Pre-requisite(s): 2.25 overall GPA and 2.5 GPA in major and completed all major courses in RLS

Full-time work placement internship with a leisure service agency involving application of major courses in day-to-day operations and a project mutually agreed upon by the instructor and agency. (Graded)