

# CHILD AND FAMILY STUDIES (CFS)

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## **CFS 1315 Development of Individual and Family Relationships (3)**

An introductory study of individual development integrating interpersonal and intrafamily relationships across the family life course.

## **CFS 2355 Child Development (3)**

Physical, intellectual, emotional, and social development from birth to middle childhood. One hour each week working with children in a community setting is required.

## **CFS 2357 Adult Development (3)**

Physical, intellectual, spiritual, social and emotional development in adulthood, emphasizing developmental tasks in adulthood.

## **CFS 3304 Introduction to Research (3)**

Pre-requisite(s): Upper-level standing or consent of instructor  
Research methods, experimental procedures, writing, reporting data, and evaluating current research within various areas of human sciences. The format of the course includes a combination of lecture and discussion, writing assignments, literature review, and/or oral presentations.

## **CFS 3324 Children and Families with Special Needs (3)**

Social, educational, and vocational challenges faced by families with children with special needs.

## **CFS 3325 Child Health Programs (3)**

Pre-requisite(s): Junior standing or consent of instructor  
Theory and community practice of current and proposed public health programs benefiting children. Course targets future child life specialists, dietitians, nurses, educators, social workers, and public health administrators.

## **CFS 3350 Individual and Family Financial Management (3)**

Study of individual and family financial decisions, planning and management.

## **CFS 3354 Family Life Education and Ethics (3)**

Pre-requisite(s): CFS 1315 and 2355  
Historical, philosophical and theoretical foundations of Family Life Education (FLE); role of a FL educator, frameworks of FLE design, delivery and ethical guidelines.

## **CFS 3356 Theories of Family Development (3)**

Pre-requisite(s): Upper-level standing  
A theoretical study of societal changes affecting families over the life course. Using a systems paradigm, emphasis is placed on effective communication and knowledgeable choices regarding marriage, parenting, divorce, family crises, and aging.

## **CFS 3357 The Preschool Child (3)**

Pre-requisite(s): A minimum grade of C in CFS 2355 or consent of instructor  
A study of the social relationships and adjustments of the young child in group situations, including supervised participation and the planning and implementation of curriculum.

## **CFS 3358 Infant and Toddler Development (3)**

Pre-requisite(s): CFS 2355  
The developmental sequence from prenatal to three years, emphasizing the relationship and interactive process between infants, toddlers, and their primary caregivers in family and group situations. Two hours each week working with infants/toddlers in community center required (2-2).

## **CFS 3362 Child Life Theory and Practice (3)**

Pre-requisite(s): A minimum grade of C in CFS 2355 and upper-level standing or consent of instructor  
Historical and theoretical perspective on development of child life field and information on fundamental skills required to help children and families cope with the stress of a health care experience.

## **CFS 3368 Theory and Principles of Play (3)**

Pre-requisite(s): A minimum grade of C in CFS 2355 or consent of instructor  
The study of play theory, creativity, guidance, and implementation of developmentally-appropriate practice in diverse settings for children in early childhood. Requires completion of 20 lab hours at the Piper Center.

## **CFS 4191 Professional Practices in Child and Family Studies (1)**

Pre-requisite(s): Upper-level standing and a minimum of 12 credit hours of CFS courses completed with a C or better  
The study and preparation for the Child and Family Studies practicum experience. Application of professional skills related to various forms of written and verbal communication, interview techniques, and ethics.

## **CFS 4340 Resource Management (3)**

Pre-requisite(s): Upper-level standing  
Emphasis on a systems approach to time, energy, and resource management. Strategies for maximizing management influences on individual and family welfare. Designed to include occupational competencies and analyze career and job opportunities.

## **CFS 4356 The Family: A Global Perspective (3)**

Families around the world: functions, roles, responsibilities, environmental influences, and interactions with other societal institutions.

## **CFS 4357 Child and Family Policy and Advocacy (3)**

Pre-requisite(s): Upper-level standing or consent of instructor  
Exploration of the reciprocal influences between children and families and all branches of government, including public/private sectors at local, state, and federal levels. Emphasis placed on models, skills, and approaches necessary to advocate for and influence policy.

## **CFS 4358 Planning and Administration of Child and Family Programs (3)**

Pre-requisite(s): FCS 3304; and upper-level standing or consent of instructor  
Administration and planning of programs serving children and families. Emphasis is placed on program planning, evaluation, ethics, and professionalism as they apply to child and family programs.

## **CFS 4359 Parenting Theory and Approaches (3)**

Pre-requisite(s): CFS 1315 and CFS 2355, or consent of instructor  
Theory-based study of parenting approaches, issues, and outcomes for applied practice with diverse families across the lifespan, including the creation, implementation, and identification of parent education resources to support individual and family well-being.

## **CFS 4363 Adolescent Development (3)**

Pre-requisite(s): CFS 2355 and Upper-level standing  
The psychosocial, social-emotional, and cognitive language development of adolescents.

## **CFS 4364 Child and Family Ministry (3)**

Pre-requisite(s): Upper-level standing or consent of instructor  
Biblical framework, contemporary issues, models, skills, and approaches of child and family ministry, covering faith-based settings.

**CFS 4367 Family Transitions, Stress, and Resilience (3)**

Pre-requisite(s): Upper-level standing or consent of the instructor  
Current theory and models seeking to understand family transitions, stress, coping, adaptation, and resilience.

**CFS 4368 Family Perspectives on Aging (3)**

Pre-requisite(s): Upper-level standing  
A study of normative aging processes within the family context.

**CFS 4390 Child and Family Studies Practicum (3)**

Pre-requisite(s): A minimum grade of C in CFS 2355, 3356, 4359, and 4191; and consent of instructor  
Requires a minimum of one hundred and fifty clock hours of directed experiences in a program-related professional setting, plus weekly online class activities and discussions. May be repeated in a different setting for a maximum of 6 credits.

**CFS 4695 Internship in Child Life (6)**

Pre-requisite(s): A minimum grade of C in CFS 3357, 4359, 4362; senior standing; and consent of instructor  
Supervised child life internship in an approved hospital for four hundred or more hours. Written reports and research required.