

NUTRITION SCIENCES, M.S.

The Master of Science in nutrition sciences degree is offered to students who have earned a bachelor's degree from an accredited university or college in a relevant program and have met admission requirements.

The program provides two degree tracks:

Thesis Option

Thirty semester hours of approved graduate courses.

Code	Title	Hours
Nutrition Courses		
NUTR 5370	Research Methods in Nutrition Sciences	3
NUTR 5355	Macronutrients and Metabolism	3
Select 12 semester hours of additional NUTR courses		12
Thesis		
HSD 5V99	Thesis	6
Graduate Applied Statistics		
Select at least three semester hours from the following:		3
STA 5300	Statistical Methods	
STA 5351	Introduction to Theory of Statistics	
STA 5380	Methods in Statistics I	
Electives		
An additional 3 hours will be from GPD/mentor-approved electives		3
Total Hours		30

Sample Curriculum Plan (Thesis Option)

Course	Title	Hours
Year 1		
Fall		
Select one course from the following:		3
STA 5300	Statistical Methods	
STA 5351	Introduction to Theory of Statistics	
STA 5380	Methods in Statistics I	
NUTR 5370	Research Methods in Nutrition Sciences	3
NUTR 5355	Macronutrients and Metabolism	3
Hours		9
Spring		
NUTR 5354	Nutrition in Public Health	3
NUTR 5356	Micronutrients and Phytochemicals	3
Elective ¹		3
Hours		9
Year 2		
Fall		
NUTR 5357	Global Aspects of Food and Nutrition	3
HSD 5V99	Thesis ²	3
Hours		6
Spring		
HSD 5V99	Thesis ²	3

NUTR 5358	Emerging Issues in Food and Nutrition	3
Hours		6
Total Hours		30

¹ Electives can be from Nutrition, Exercise Physiology, Statistics or from another discipline with permission from your Faculty Mentor.

² A total of 6 credit hours of HSD 5V99 Thesis are required over 2 semesters.

Non-Thesis Option

Thirty-six semester hours of approved graduate courses.

Code	Title	Hours
Nutrition Courses		
NUTR 5370	Research Methods in Nutrition Sciences	3
NUTR 5355	Macronutrients and Metabolism	3
Select 18 semester hours of additional NUTR courses		18
Graduate Applied Statistics		
Select at least three semester hours from the following:		3
STA 5300	Statistical Methods	
STA 5351	Introduction to Theory of Statistics	
STA 5380	Methods in Statistics I	
Electives		
An additional 9 hours will be from GPD/mentor-approved electives		9
Total Hours		36

Sample Curriculum Plan (Non-Thesis Option)

Course	Title	Hours
Year 1		
Fall		
Select one course from the following:		3
STA 5300	Statistical Methods	
STA 5351	Introduction to Theory of Statistics	
STA 5380	Methods in Statistics I	
NUTR 5370	Research Methods in Nutrition Sciences	3
NUTR 5355	Macronutrients and Metabolism	3
Hours		9
Spring		
NUTR 5354	Nutrition in Public Health	3
NUTR 5356	Micronutrients and Phytochemicals	3
Elective ¹		3
Hours		9
Year 2		
Fall		
NUTR 5357	Global Aspects of Food and Nutrition	3
NUTR 5359	Advanced Medical Nutrition Therapy	3
Elective ¹		3
Hours		9
Spring		
Elective ¹		3
NUTR 5386	Nutrition for Sport and Fitness	3

NUTR 5358	Emerging Issues in Food and Nutrition	3
	Hours	9
	Total Hours	36

¹ Electives can be from Nutrition, Exercise Physiology, Statistics or from another discipline with permission from your Faculty Mentor.