

EXERCISE PHYSIOLOGY, M.S.

Code	Title	Hours
Required Courses		
<i>Core Courses Required for All Majors</i>		
Complete core courses required for all majors		6
<i>Core Courses</i>		
HP 5328	Physiology of Exercise I: Neuromuscular Aspects	3
HP 5330	Physiology of Exercise II - Cardiovascular Aspects	3
HP 5340	Biochemistry in Exercise Science	3
<i>Exercise Physiology Electives</i>		
Select two courses from the following:		6
HP 5333	Exercise Testing and Prescription	
HP 5352	Principles of Exercise and Sport Nutrition	
HP 5354	Methods of Strength and Conditioning	
HP 5357	Exercise Programming for Individuals with Chronic Diseases and Disabilities	
<i>Restricted Electives</i> ¹		
Select three semester hours of restricted electives		3
<i>Capstone Experience</i> ¹		
Select one of the following:		6
HP 5V90	Internship	
HP 5V94	Practicum in HHPR	
HP 5V99	Thesis	
Practicum Options:		
Option 1 - Research writing practicum and one 3-hr course from Exercise Physiology Electives or Restricted Electives.		
Option 2 – Internship practicum and one 3-hr course from Exercise Physiology Electives or Restricted Electives.		
Total Hours		30

¹ Requires Exercise Physiology Program Director approval.